



MINDWARE SEMINARS - DIRECT RESTORATIVE MATERIALS CONFERENCE

TOUR OF PORTUGAL ITINERARY

May 11-19, 2025

Date	Cities visited	Activities	Schedule	Hotel
Sunday, May 11 th	Porto	Arrivals, transfer & check-in Dental Conference Dr. Lauren Rainey Dinner	3:00pm – 6:00pm 7:30pm	The Lodge (D)
Monday, May 12 th	Porto	Full day tour of Porto including the Livraria Lello, the Torre dos Clérigos, the Ribeira district and of course a Port Cellar tasting Cooking Class Dinner	9:30am – 4:30pm 5:00pm – 8:00pm	The Lodge (B, D)
Tuesday, May 13 th	Porto	Tour of the Douro Valley region, Douro River cruise from Pinhão to Tua, wine tasting & lunch, visit to Quinta de Avelada gardens Dinner	9:30am – 4:30pm 7:30pm	The Lodge (B, L, D)
Wed., May 14 th	Porto to Batalha to Tomar	Head south with a stop in Batalha and a visit to its Monastery before heading to Tomar, stronghold of the Knights Templar Dinner and Templar dance performance	9:00am 7:00pm	Villa Galé Tomar (B, D)
Thursday, May 15 th	Tomar to Óbidos to Lisbon to Lagos	Morning visit of Tomar including the Convento de Cristo; Stop in Óbidos, visit its 12 th Century castle, stop at the Ginjinha factory for tasting and finally to Lisbon airport Flight to Faro in the Algarve Arrival and transfer to Lagos, check-in Dinner	9:00am <i>TBD</i> <i>TBD</i>	Cascade Wellness Resort (B, D)
Friday, May 16 th	Lagos	Full day tour of the Algarve including visits to Quarteira, Albufeira, Armação de Pêra, Carvoeiro and Alvor Dental Conference *Certificates Awarded Dr. Lauren Rainey Dinner	9:00am – 4:00pm 4:30pm – 7:30pm 7:30pm	Cascade Wellness Resort (B, D)
Saturday, May 17 th	Lagos	Day off to enjoy the beach!		Cascade Wellness Resort (B, D)
Sunday, May 18 th	Lisbon	Transfer to Faro airport and flight to Lisbon Arrival and transfer to Lisbon, check-in Foodie tour and Pastels de Nata baking class Dinner	9:30am <i>TBD</i> 12:30pm 7:30pm	Hotel Altis Avenida (B, D)
Monday, May 19 th	Lisbon	Half day tour of Lisbon including historic area of Belém Transfers to airport for international flights home	9:30am	